



POST MAJORITY + FAMILY PRESERVATION

MEN'S WELLNESS GROUP

All men or male-identifying folks from Southeast communities are welcome to come connect, learn, and support one another on the journey to wellness.

Wednesdays 4:00 PM- 6:30 PM
470 Notre Dame (2nd Floor)

SCAN ME



Join us for a powerful and inspiring Men's Wellness Program facilitated by **Clayton Sandy** and **Hani Ataan**.

Through open dialogue, cultural teachings, and shared experiences, this program focuses on healing, personal growth, and building stronger, healthier Anishinaabe men.

Transportation & Meals Provided

To register, email family.preservation@secfs.ca