



POST MAJORITY + FAMILY PRESERVATION

BOXING PROGRAM



245 MCDERMOT

SCAN ME



- INDOOR GYM SHOES AND WORKOUT ATTIRE ARE MANDATORY.
- BOXING GLOVES AND WORKOUT EQUIPMENT WILL BE PROVIDED.
- PARTICIPANTS MUST BE 16 YEARS OR OLDER; THOSE UNDER 16 MUST BE ACCOMPANIED BY AN ADULT.
- TUESDAYS FROM 2:00 PM TO 3:00 PM
- FRIDAYS FROM 1:30 PM TO 2:30 PM

REGISTER AT: FAMILY.PRESERVATION@SECFS.CA